

List of Values

Accountability	Discipline	Helping
Accuracy	Discretion	Holiness
Achievement	Diversity	Honesty
Adventurousness	Dynamism	Honor
Altruism	Economy	Humility
Ambition	Effectiveness	Humanity
Assertiveness	Efficiency	Independence
Authenticity	Elegance	Ingenuity
Balance	Eloquence	Inner Harmony
Being the best	Embodied	Inquisitiveness
Belonging	Empathy	Insightfulness
Boldness	Enjoyment	Integrity
Calmness	Enthusiasm	Intelligence
Carefulness	Equality	Intellectual Status
Challenge	Erudition	Intuition
Cheerfulness	Ethical	Improvement
Clarity	Excellence	Irreverence
Clear-mindedness	Excitement	Joy
Commitment	Expertise	Justice
Community	Exploration	Laughter
Compassion	Expressiveness	Leadership
Competitiveness	Fairness	Legacy
Consistency	Faith	Love
Contentment	Family	Loyalty
Contribution	Feminist	Making a difference
Control	Fidelity	Mastery
Cooperation	Fitness	Merit
Correctness	Fluency	Moral
Courtesy	Focus	Nurturing
Creativity	Freedom	Natural
Curiosity	Fun	Obedience
Decisiveness	Generosity	Openness
Dependability	Goodness	Order
Determination	Grace	Originality
Devoutness	Growth	Patriotism
Diligence	Happiness	Perfection
Practicality	Hard Work	Philanthropy
Playfulness	Health	Piety
Positivity	Surprise	
Power	Teamwork	

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Preparedness	Temperance	Add to This List:
Privacy	Tidiness	
Professionalism	Thankfulness	
Prudence	Thoroughness	
Quality-orientation	Thoughtfulness	
Reliability	Thriftiness	
Resourcefulness	Timeliness	
Restraint	Tolerance	
Results-oriented	Traditionalism	
Rigor	Tranquility	
Sacrifice	Trustworthiness	
Satisfaction	Truth-seeking	
Security	Understanding	
Self-actualization	Vision	
Self-Control	Vitality	
Selflessness	Wealth	
Self-Reflection	Wittiness	
Self-Reliance	Willingness	
Self-Regulation	Winning	
Sensitivity	Wisdom	
Serenity	Wonder	
Service	Wisdom	
Sensuality	Youthfulness	
Shrewdness	Zeal	
Silence	Zest	
Simplicity		
Society		
Sophistication		
Soundness		
Speed		
Spontaneity		
Stability		
Strategic		
Strength		
Structure		
Success		
Support		
		References: http://www.values.com http://www.stevepavlina.com http://www.mindtools.com http://www.viacharacter.org

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