



PSYCHEDELICS, ART, CREATIVITY AND ART THERAPY RESOURCES

Welcome to an evolving resource. This is meant to provide you and anyone you think would benefit with resources related to the crossover of Psychedelics, Art, Art Therapy, Creativity, Non-Ordinary States Consciousness.

If there is anything you think we should add, please reach out.

Look forward to being in community with you.

(raw1717@gmail.com)

Art Therapists/Expressive Therapists Working with Psychedelics

- Jennifer Allen (CA) <https://boneknowing.com/>
- Rachel Bornfield (CA) <https://www.psychologytoday.com/us/therapists/rachel-bornfeld-westlake-village-ca/808966>
- Caterina Bragagnolia (AZ/CA) <https://psychedelic.support/network/caterina-bragagnolo-atr-lcpc/>
- Lesley Anne Burke (OR) <https://thehavenpdx.com/>
- Elise Colley [Psychology Today Profile](#)
- Emily Cuestas Boeschenstein (CO) <https://psychedelicshine.com/directory/emily-cuestas-boeschenstein-lpcc-ma-at/>
- Haley Fox (M)O/MA) <https://awe.ninja/>
- Alyssa Gursky (OR) <https://www.psychedelicarttherapy.com/>
- Charmaine Husum (Canada) <https://www.centreoftheheart.com/about.html>
- Alison McQueen (CO) <https://medicinalmindfulness.org/project/alison-mcqueen/>
- Jess Minkley (CA) <https://www.pacificarttherapy.com/>
- Carmen Ostrander (Canada) <https://www.carmenostrander.com/>
- Emily Segal (MI) <https://psychedelic.support/network/emily-segal-lcpc-atr/>
- Valery Shuman (IL) <https://psychedelic.support/network/valery-shuman-maat-lcpc/>
- Bruce Tobin (Canada) Bruce@therapsil.ca
- Rebecca Wilkinson (AZ/DC/MD) <https://creativewellbeingworkshops.com/about-us/#rebecca>
- Kaori Wonder (IL) <https://limbic.space/kaori>
- Alissa Zemering (NY) <https://www.masteringtheheartofaging.com/in-home-services>

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Other Practitioners/Therapists Working with Arts and Psychedelics

- Shannon Brown (MX/Canada) <https://shannonbrownhealingarts.ca/about>
- Felicia Matto-Sheppard <https://feliciamattoshepard.com/about>
- Michelle Tompkins (CA) <https://www.psychologytoday.com/us/therapists/michelle-i-tompkins-charleston-sc/301393>

Videos

- **Jennifer Allen**
 - Creative Conversations Marina Kurikhina <https://soundcloud.com/creativesubconscious/creative-conversations-with-jennifer-allen>
 - Psychedelic Support (2/16/24) <https://www.youtube.com/watch?v=-yTK4VG1Fpl>
- **Nicholas Blackston**
 - Veteran Talking about His Experience with Psychedelics and Art <https://www.youtube.com/watch?v=b-YT2OyyB8c>
- **Shannon Brown**
 - Infusing Creativity, Dream Work & Psychedelics 0:48:26 min
Using creativity and dream work in psychedelic integration <https://music.youtube.com/watch?v=LrQ6eUnV3rI&list=PLNbE6cVZqYct7WzU-yLmlWBGTvHe5cszC>
- **Caledonia Curry/Swoon**
 - Horizons 2018 Unearthing the Medea: Intersection of Art and Psychedelic Therapy (11/1/19) 37 min https://www.youtube.com/watch?v=-_9RZWHrrbw
- **Haley Fox**
 - Art Therapy, Self-Expression, Psychedelics & Music, How to Integrate Interview with Chris Noble and Bill Protzmann (3/27/23) 1:07:38 <https://www.youtube.com/watch?v=km9l6Jtul-0&t=1094s>
- **Alex and Allyson Grey**
 - Psychedelic Art, Cognitive Liberty, and Spiritual Practice 5/13/24 1:09 <https://doubleblindmag.com/magichour/deep-dive-with-alex-grey-amp-allyson-grey-psychedelic-art-cognitive-liberty-and-spiritual-practices/>
 - Love, Art & Spirit: The Story of Alex Grey, Allyson Grey & CoSM 12/12/22
The vision and manifestation of the Chapel of Sacred Mirrors 00:18:23 https://www.youtube.com/watch?v=7J9hLjWpt_g
 - Visionary Art, Mystical Experiences, & Psychedelics IPI 6/21/21Will 0:44 <https://psychiatryinstitute.com/podcast/visionary-art-psychedelics-alex-allyson-grey/>

Videos continued

- Psychedelics & Visionary Art Alex Grey & Rick Doblin PhD (12/2/23) (1:33)
<https://www.youtube.com/watch?v=zL9D6FmWFP8>
- How Art Evolves Consciousness Tedx Talk Alex Grey (3/27/13) (0:21:44)
https://www.youtube.com/watch?v=0_YJToyOp_4
- **Stan Grof Mandalas**
 - MandalaNature.com You Tube 1/1/2010 (10:28)
<https://www.youtube.com/watch?v=zDqEH1fVm-M>
 - Way of the Psychoonaut
<https://www.thewayofthepsychoonaut.com/>
- **Alyssa Gursky**
 - Psychedelics Today Psychedelics, Art Therapy, and the Creative Process (2023/24) 1:09
<https://www.youtube.com/watch?v=JiH2WRtllg0>
 - Psychedelics Today Transpersonal Art and Ketamine Therapies
<https://psychedelicstoday.com/2018/01/31/alyssa-gursky/>
 - Psychedelics Today Transpersonal Art and Ketamine Therapies
<https://psychedelicstoday.com/2018/06/26/alyssa/>
- **Martina Hoffman and Robert Venosa**
 - Sketching the Fantastic (12/6/09) 4:53
https://www.youtube.com/watch?v=__S9hNK-8vU
 - The Artist's Leap of Faith (5/12/08) 6:36
<https://www.youtube.com/watch?v=6jQL91k8rzg>
 - Inspire (5/12/08) 3:329
<https://www.youtube.com/watch?v=Nze6HseggWo>
- **Charmaine Husum**
 - Psychedelic Support (8/7/22) 35:02
<https://psychedelic.support/resources/art-therapy-psychedelics-with-charmaine-husum/>
 - Life of Gaia Shadow Work, Psychedelics & Art Therapy: Exploring the Darkness Within (6/8/23). 52:30
https://www.youtube.com/watch?v=xj_dA_e2sbs

Videos continued

- **Carmen Ostrander**
 - Psychedelic Support 55:36 (10/31/21) Substance Assisted Conversation—A Creative Approach to Psycholytic Problem Solving
<https://www.youtube.com/watch?v=oLRQK72QqeA&list=PL-SXfDJO4Hgtz5HowOK8j8W8YouGb8VhF>
- **Michael Pollan**
 - How to Change Your Mind: What the New Science of Psychedelics Teaches Us About Consciousness, Dying, Addiction, Depression, and Transcendence
 - <https://www.youtube.com/watch?v=X8LRb4jfZ9g> Netflix Trailer 2:20
 - <https://www.youtube.com/watch?v=5DrM90dg5t4> Bioneers 30 min
- **Maria Sabina Spirit Woman Nicolás Echeverría 1979 (3/2/2019) 1:20**
 - History of The Mazatec Shaman.
 - <https://www.youtube.com/watch?v=kFnMRrc7T3s&t=1810s>
- **Table of Our Own**
 - Documentary for Black Professionals Working in the Sacred Plant Medicine Space.
 - <https://www.atableofourown.org/>
- **Valery Shuman, Geoff Bathje, Postmod Anna, Brenda Steele.**
 - “Excluded” Psychedelics, Maddening, and Awakening. Therapists interview two clients. Art therapist/Therapy Featured.
 - <https://youtu.be/aenF2eoY4dl?si=4omr9bzupUJ5e1v2>
- **PBC Horizon Films**
 - Films showcasing facets of psychedelics
 - <https://www.horizonspbc.com/films>
 - COVI-19, Black Lives, and Psychedelics
 - Nature, Summer, & Psychedelics
 - Focus on Clinical Research Episode 1: The Johns Hopkins Story
 - Focus on Clinical Research Episode 2: Death Dying, and Psychedelics
 - Focus on Indigenous Communities
 - The Psychedelics Economy
 - Ways of Seeing

Workbooks

- Husum, C. (2022). Psychedelic integration for a life transformed (2nd ed.).
<https://courses.centreoftheheart.com/Psychedelics-and-Somatic-Art-Therapy>
- Multidisciplinary Association for Psychedelic Studies Integration Station Workbook
<https://maps.org/integration-station/>

Facebook Groups

- Australian Psychedelic Society
<https://www.facebook.com/groups/1575595706513821/>
- IFS and Psychedelics
<https://www.facebook.com/groups/ifsandpsychedelics/>
- Global Psychedelic Society no self-promotion
<https://www.facebook.com/groups/579474385903109/>
- Multidisciplinary Studies for Psychedelic Studies Fans
<https://www.facebook.com/groups/mapsresearch>
- Psychedelics and Art Therapy, Art, and Creativity
<https://www.facebook.com/groups/1628451204690796>
- Psychedelic Therapy and Integration Community
<https://www.facebook.com/groups/psychedelictherapy/>
- Psychedelic Assisted Therapy
<https://www.facebook.com/groups/entheobliss>
- Psychedelic Studies
<https://www.facebook.com/groups/psychedelicstudies/>
- Psychedelics Society
<https://www.facebook.com/groups/sociedelic/>
- Psychedelic Integration Group
<https://www.facebook.com/groups/integr8london/>
- Psychedelics UK
<https://www.facebook.com/groups/psychedelicsuk>
- Psychedelic Guide Network
<https://www.facebook.com/groups/psychedelicguidenetwork/>
- Therapists Interested in Psychedelic Therapy
<https://www.facebook.com/groups/543072446390661/>

Psychedelic Training Programs

- California Institute Integral Studies <https://www.ciis.edu/research-centers-and-initiatives/center-for-psychedelic-therapies-and-research/about-the-certificate>
- Naropa <https://www.naropa.edu/academics/extended-campus/psychedelic-assisted-therapies-certificate/>
- Integrative Psychiatric Institute <https://psychiatryinstitute.com/psychedelic/>
- Beckley <https://www.beckleyacademy.com/#course>
- Fluence <https://www.fluencetraining.com/>
- Maps <https://maps.org/>
- Therapsil <https://therapsil.ca/>
- Open Foundation <https://open-foundation.org/>

Psychedelic Organizations and News Sources

- American Psychedelic Practitioners Association <https://www.appa-us.org/>
- Autistic Psychedelic community <https://www.autisticpsychedelic.com/>
- Beckley Foundation <https://www.beckleyfoundation.org/>
- Big Tent Ketamine <https://community.bigtentk.com/>
- Breaking Convention <https://www.breakingconvention.co.uk/>
- Chacruna <https://chacruna.net/>
- Ecstatic Integration <https://www.ecstaticintegration.org/>
- Fireside Project <https://firesideproject.org/>
- Global Psychedelic Organization <https://globalpsychedelic.org/>
- Hefter Research <https://www.heffter.org/>
- Horizon <https://www.horizonspbc.com/about>
- International Center for Ethnobotanical Education, Research, and Service (ICEERS) <https://www.iceers.org/about-us/>
- Lucid News <https://www.lucid.news/>
- Multidisciplinary Association of Psychedelic Studie/Lykos <https://maps.org/>
- National Psychedelics Association <https://www.yournpa.org/>
- Palliative Care Psychedelic Therapy Google Group <https://groups.google.com/g/PalCarePsychedelicTherapy>
- Plant Parenthood <https://www.plantph.com/>
- Psychedelia Magazine <https://psychedelia.live/>
- Psychedelic Alpha <https://psychedelicalpha.com/>
- Psychedelic Health Equity Initiative <https://www.psychedelichealthequity.org/>
- Psychedelic Medicine Association. <https://psychedelicmedicineassociation.org/>
- Psychedelic Network <https://psychedelic-network.org/>
- Psychedelic Health Professional Network UK <https://psychedelicnetwork.org.uk/>
- Psychedelic Support <https://psychedelic.support/>
- Psychedelic Times <https://psychedelictimes.com/>
- Psychedelics in Recovery <https://www.psychedelicsinrecovery.org/>
- PsyKe Google Group <https://groups.google.com/g/psyke-community>
- Psymposia <https://www.psymposia.com/podcasts/plusthree/>
- Psychedelic Times <https://psychedelictimes.com/>
- The Ethridge Foundation <https://www.etheridgefoundation.org/>
- The Microdose <https://themicrodose.substack.com/>
- Therapsil Canada <https://therapsil.ca/>
- UC Berkely Center for Psychedelics <https://psychedelics.berkeley.edu/>
- Usona Institute <https://www.usonainstitute.org/>
- Women on Psychedelics <https://www.womenonpsychedelics.com/>
- Zendo Project <https://zendoproject.org/>

Museums and Venues That Feature Psychedelic Visionary Art

- American Visionary Art Museum Baltimore, MD <https://www.avam.org/>
- Burning Man <https://burningman.org/>
- Chapel of Sacred Mirrors (CoSM) Wappinger, NY <https://www.cosm.org/>
- Meow Wolf Immersive Art Experiences <https://meowwolf.com/>
- Vision Train Art Jam <https://www.visiontrain.org/>

Psychedelic Artists (to name just a few)

<ul style="list-style-type: none">• Lobsang Melendez Ahuana• Pablo Amarigno• Trina Brammah• Lesley Anne Burke, LPC, ATR• Helena Arturaleza• Howard Charing• Cryptic• Mariela de la Paz• Chris Dyer• A. Andrew Gonzalez• Alex Grey• Alyson Grey• Stanislav Grof• Mark Henson• David Heskin• Martina Hoffman• Andrew Jones	<ul style="list-style-type: none">• Mati Klarwein• Li Lian Kolster• Paul Laffoley• Vanni Mangoni• Mars-1• Peter Max• Mugwort• Michael Parks• Boris Quinteros• Brus Rubio• Amanda Sage• Damon SouleShrine• Autumn Skye• Jen Stark• Robert Venosa• Wes Wilson
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Art Therapy Organizations

- American Art Therapy Association <https://arttherapy.org/>
- Australian, New Zealand and Asian Creative Arts Therapies Association
- British Association of Art Therapists <https://baat.org/>
- Canadian Art Therapy Association <https://www.canadianarttherapy.org/>
- European Federation of Art Therapy <https://www.arttherapyfederation.eu/united-kingdom.html>
- Kutenai Art Therapy Institute <https://www.kutenaiarttherapy.com/>
- <https://anzacata.org/><https://anzacata.org/>
- International Expressive Therapies Association <https://www.ieata.org/#>
- National Coalition of Creative Arts Therapies Association <https://www.nccata.org/>